



The first multi-volume examination of all elements of wellbeing

Wellbeing: A Complete Reference Guide

EDITED BY

CARY L. COOPER, CBE

*Distinguished Professor of Organizational Psychology
and Health at Lancaster University, UK*

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Wellbeing: A Complete Reference Guide is the first multi-volume, interdisciplinary exploration of the topic of wellbeing. The notion of wellbeing has grown in importance and prominence across the globe in recent years and this reference work provides an in-depth examination of the characteristics that enable individuals and organizations to thrive and flourish. Under the direction of noted academic Cary Cooper, and edited by a distinguished group of senior scholars from a variety of disciplines, this project looks at wellbeing from multiple perspectives, including children and families; the workplace; the environment; later life; economics; and interventions and public policy. Spanning the social sciences and encompassing the latest research, this is an essential reference for scholars, students, professionals, and policymakers who want to enhance and promote human wellbeing.



- The first multi-volume examination of all elements of wellbeing in a single reference work
- Each volume brings together leaders of their respective fields in an edited volume of original articles
- Presents a synthesis of the latest research on this growing and interdisciplinary area of study

About the Editors

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Cary L. Cooper, CBE, is Distinguished Professor of Organizational Psychology and Health at Lancaster University, past President of the British Association for Counseling & Psychotherapy (BACP), President of RELATE, Chair of the Academy of Social Sciences, and Editor of *Stress and Health*. He is the author or editor of over 120 books, has written over 400 scholarly articles for academic journals, and is a frequent contributor to national newspapers, TV, and radio.

Volume Editors

Volume 1 – Susan H. Landry is the Albert and Margaret Alkek Chair in Early Childhood and Michael Matthew Knight Professor in the Department of Pediatrics at the University of Texas Health Science Center-Houston.

Volume 2 – Rachel Cooper, OBE, is Professor of Design Management and Policy at the University of Lancaster, UK.
Elizabeth Burton is Professor of Sustainable Building Design and Wellbeing and founding director of the Wellbeing in Sustainable Environments research unit at the University of Warwick, UK.

Volume 3 – Peter Chen is Professor of Management at the University of South Australia Business School and former Professor of Psychology at Colorado State University.

Volume 4 – Thomas B. L. Kirkwood is Professor of Medicine and Director of the Newcastle Initiative for Changing Age at Newcastle University, UK.

Volume 5 – David McDaid is Senior Research Fellow in Health Policy and Health Economics at LSE Health and Social Care and the European Observatory on Health Systems and Policies at the London School of Economics and Political Science.

Volume 6 – Felicia A. Huppert is Emerita Professor of Psychology, Director of the Well-being Institute at the University of Cambridge, UK, and Professor at the Centre for Positive Psychology and Education, University of Western Sydney, Australia.

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