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The Wiley Handbook of Cognitive Behavioral Therapy

EDITED BY
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*Boston University, USA; University
of San Diego, USA; and President of
the Association of ABCT and IACP*



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A stellar group of international specialists teams up for *The Wiley Handbook of Cognitive Behavioral Therapy*

About the Editor

Stefan G. Hofmann is Professor of Psychology in the Department of Psychology at Boston University, USA, where he is Director of the Psychotherapy and Emotion Research Laboratory. His core research focuses on the mechanics of applying developments in treatment, on generating clinical applications from discoveries in neuroscience, on strategies for emotion regulation, and on cultural manifestations of psychopathy such as social anxiety disorder. Professor Hofmann is the author of more than 200 scientific publications and 15 books, including *Cognitive Behavior Therapy of Social Anxiety Disorder: Evidence-Based and Disorder-Specific Treatment Techniques* (2008, co-authored with Michael W. Otto). In addition to his editorial work for *Cognitive Therapy and Research* and the *Journal of Consulting and Clinical Psychology*, Professor Hofmann is President of the Association of ABCT and IACP, and a board member of the Academy of Cognitive Therapy.

Volume Editors

Volume 1

David J. A. Dozois, PhD, is Professor of Psychology at The University of Western Ontario. He is a Fellow of the Canadian Psychological Association (CPA), Section on Clinical Psychology and the Academy of Cognitive Therapy and a former Beck Institute Scholar at the Beck Institute for Cognitive Therapy and Research. Dr. Dozois' research focuses on cognitive vulnerability to depression and cognitive-behavioral theories/therapy. He has published 124 peer-reviewed articles, book chapters and co-edited books, and presented over 250 papers at national and international conferences. Dr. Dozois has received career awards from the Canadian Psychological Association, the University of Western Ontario, the Canadian Institutes of Health Research, the National Alliance for Research on Schizophrenia and Depression, and the Ontario Mental Health Foundation. Dr. Dozois has served for many years on the board of directors of the CPA, serving as President in 2011-12. In addition to his scholarly and administrative work, Dr. Dozois maintains a small private practice focused primarily on adults with anxiety and depression.

Volume 2

Winfried Rief is Professor of Clinical Psychology and Psychotherapy, Philipps University of Marburg, Germany. Head of the Clinic for Psychological Interventions, Dr. Rief worked for many years in hospital settings (e.g., Roseneck Hospital for Psychosomatic Medicine, Prien a. Ch.). He is specialized in placebo- and nocebo effects, perception and coping with somatic symptoms, optimization of clinical studies and interventions. He was guest professor at Harvard Medical School, Boston (2004/2005), University of Auckland Medical School (2002), and University of California San Diego (2009/2010). Additionally, he was nominated for the expert committee of WHO/APA for the revision of the classification of mental disorders according to DSM-V. Dr. Rief is elected coordinator for grant applications to the German Research Foundation and he is spokesperson of the DFG-research unit on placebo and nocebo mechanisms. His publication record summarizes more than 300 articles, and he is a world-leading expert in the field of behavioral medicine and somatoform disorders.

Volume 3

Jasper Smits received his Ph.D. in clinical psychology from the University of Texas at Austin and completed his internship at Harvard Medical School/Massachusetts General Hospital. He is currently Associate Professor of Psychology and Director of the Anxiety Research and Treatment Program at Southern Methodist University. Dr. Smits' research focuses on the treatment for anxiety and related disorders. He is particularly interested in the development of strategies that can augment cognitive and behavioral interventions for these conditions. He is a federally funded investigator and has published over 100 articles, chapters and books spanning his research interests. Dr. Smits serves as associate editor for *Journal of Consulting and Clinical Psychology* and *Cognitive Therapy and Research* and as consulting editor for *Behavior Research and Therapy*, *Clinical Psychological Science*, *Cognitive Behaviour Therapy*, *Depression and Anxiety*, and *TheScientificWorldJOURNAL*. He also is a member of the scientific council of the Anxiety and Depression Association of America.

A full list of contributors is available at www.cbthandbook.com

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